

Name of Rotation:	Huron Perth Geriatric Medicine (Wingham)
Description of Rotation:	This is a community based Geriatric Medicine rotation. The Resident will gain exposure to diagnosis, management and follow up of a variety of conditions in the older adult. The rotation is 80% outpatient clinic/home visit based and 20% inpatient based. The Resident will develop their skills in comprehensive geriatric assessment and the geriatric syndromes. The Resident will learn how to diagnose all types of dementia. They will learn how to manage responsive behaviors in older adults with dementia. They will see patients for multimorbidity, polypharmacy, bone health, falls, syncope and movement disorders. Many of their patients will have comorbidity including heart failure, COPD, chronic renal failure etc. They will learn how to combine evidence based medicine, with multimorbidity and what matters most to patients and families to create plan for care.
Rotation Contact:	Dr. Alexandra Peel
Description of Clinical Duties:	The resident will primarily work with the geriatrician. They will also have the opportunity to work with the interdisciplinary team – Home Visit Day with Advanced Practice Geriatric Medicine RN, Long term Care visit with Behavior Supports Ontario team, spend a day touring community supports – adult day program, falls prevention exercise class, minds in motion program, caregiver support group, meals on wheels to learn about services that support older adults in the community.
Sample Schedule:	The resident will work 8:30-5:30 Monday to Friday.

On-Call Requirements:	There is no on call expectation.
Description of Setting:	Dr. Peel’s clinic is in the Royal Oaks Medical Building. It is located across the street from Wingham and District hospital. The learner will have their own exam room, computer, phone, and access to care equipment ex bladder scanner. The clinic is supported by an MOA- Kelly and RPN- Denice. We attend community team rounds on Tuesdays to coordinate care of most complex patients. We do inpatient consultations for 8 community hospitals (Wingham in person and other sites virtual). Free parking on site.
Supervision:	The resident will have the opportunity for direct supervision and feedback from geriatrician.
Clinical Content:	The learner will have 2 hours to do a comprehensive geriatric assessment and management plan for each new patient and 1 hour for follow up patients. This will include time to review the chart, see the patient and caregiver separately and together, complete a physical exam, conduct cognitive testing and mood screening. Typically, they will see 2-5 patients in a day. All patients are over age 65 with frailty, complexity or cognitive impairment. Residents will need to complete a consultation note. Reading around cases is expected.
Objectives/Expectations:	A1. Diagnose and manage common acute (urgent & non-urgent) presentations and diseases across the life cycle A2. Diagnose and manage common subacute and chronic presentations and diseases (including multimorbidity) across the life cycle A3. Provide wellness and preventive care across the life cycle A4. Diagnose and manage common mental health presentations and diseases across the life cycle H3. Establish goals of care R3. Provide appropriate telephone triage and management within goals of care
Level of Residents Accepted:	PGY1, PGY2, PGY3

<p>Teaching:</p>	<p>The resident will be asked to attend all available education sessions during their block (grand rounds, presentations etc). The resident will do a 30 minute presentation on geriatric medicine topic of their choice based on a case they have seen. Periodically there are geriatric medicine fellows, medical students, and NP students on rotation.</p>
<p>Description of Location:</p>	<p>Wingham is a town of 3000 people and the birth place of nobel laureate Alice Munro. Wingham is the northern most aspect of the Huron Perth subregion. It is located about 1 hour and 45 mins north of London (north on highway 4). The downtown core has many attractive heritage buildings and small businesses. The community has a recreation complex with indoor swimming pool, fitness centre, arena, and squash courts. There is a Library, daycare, elementary school and high school. There is a walking trail system. Neighboring Blyth boasts the internationally acclaimed Blyth Festival Theatre and cowbell brewing company. Wingham is 30 minute drive to the shores of lake Huron (Ontario's west coast). Neighboring tourist destinations include Goderich, Bayfield, Kincardine, Sauble Beach and Grand Bend etc.</p>